

ALLIANCE NEWS

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"You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."

-DALE CARNEGIE

on't criticize, condemn, or complain" is the first principle in Dale Carnegie's famous book *How to Win Friends and Influence People*. In 2012, as Frankfort struggled to pass prescription drug laws and then dealt with the aftershock, there was plenty of criticism, condemnation and complaining to go around. These laws are due to be revisited in 2013. While this year may prove to be no less contentious, the GLMS Alliance is planning to take a positive approach.

The KMA "Day at the Capitol" is Tuesday, February 12. The KMA and Alliance are teaming up this day to conduct "House Calls," a health fair designed to promote health education and community service throughout the commonwealth. From 10 a.m. to 1 p.m., our dedicated white lab-coated company will be greeting lawmakers and their staff in the Capitol Annex building. We will be taking blood pressures, handing out healthy snacks and offering educational materials in a caring, friendly environment. This is a great opportunity to make new friends in Frankfort and show our appreciation for the hard work they do. Please try to attend and encourage as many of our members as possible to join in. Afterward, plan to stick around for some great fellowship at a group luncheon to follow our work at the Capitol.

Dining in Frankfort is not the only tasty treat on our upcoming GLMS Alliance menu. Due to the popularity of last year's lunch and cooking demonstration by "Top Chef" contestant Edward Lee at 610 Magnolia, we will once again be dining and learning in 2013. Mark your calendars for 11 a.m. on Tuesday, Feb. 5, as we reprise our

(Left to right) Millicent Evans, Barbara Cox and Dean Furman at the GLMS Alliance luncheon at the Science Hill Inn.; GLMS Alliance members learn about the Christopherson Gross Anatomy Lab in The Old Medical School Building during a tour.

gustatory adventure, this time at the exquisite Corbett's restaurant, 5050 Norton Healthcare Blvd., in northeastern Jefferson County.

It might be an odd-numbered year, but we will keep an even keel supporting our medical community's mission. In 2013, the GLMS Alliance will continue partnering with the Kentucky Science Center, the Greater Louisville Medical Society and Jewish Hospital to bring the highly acclaimed interactive educational program Pulse of Surgery to middle and high school students from all around Kentucky. The GLMS Alliance is also supporting the Center for Women and Families in Louisville by collecting and donating gently used OR scrubs, yoga pants and *new* men's and ladies' underwear. In addition, the GLMS Alliance Doctors' Day committee is busy planning our lovely annual reception to honor our retired doctors. The luncheon will be March 22, once again at the elegant Audubon Country Club.

January and February certainly come at a cold time of the year, but with warm hearts, we have the opportunity to win many friends. If you are interested in being interested in others, please come join us! L_{M}

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