

ALLIANCE NEWS



Adele Murphy
GLMSA President

"A long time ago in a galaxy far, far away..."

OK, this is where I am supposed to impress you with my knowledge of "Star Wars" quotes, but that wouldn't really be me – although I do love old movies. Nevertheless, there is something special about bringing "balance to the force." While I am surely not

a "Star Wars" aficionado, I do like it when my life is in balance. Fall begins with perfect balance. It is heralded by the autumnal equinox, the day when the amount of light is exactly the same as the amount of darkness. Even as daylight recedes,



Barbara Davis (left) and Mary Johnson Vest.

I am comforted by the fact that regardless of the amount of light, each day steadfastly offers 24 hours of which to make the most.

In September, the GLMS Alliance certainly made the most of our time of socializing and sharing hopes and dreams for the coming year during our gathering at the beautiful home of Dr. Neal and Anita Garrison. They were so gracious as hosts, and everyone in attendance enjoyed camaraderie, delicious food and tasty libations as we kicked off the year with our first official meeting. Moving forward, I encourage every GLMS Alliance member to join in some fantastic opportunities this fall.

Gilda's Club, located at 633 Baxter Ave., offers a welcoming community of free support for everyone living with cancer – men, women, teens and children – along with their families and friends. On Thursday, November 1, the



(Left to right) Dr. James Patrick Murphy, GLMS president-elect, Chitra Kayerker, Dr. Udayakumar Kayerker, Carol Lambert and Dr. Glenn Lambert Jr.

GLMSA will be serving the evening meal to members and guests. We hope to have a great turnout for this heartwarming activity.

On Wednesday, November 7, from 1 to 3 p.m., the Kentucky Medical Association Alliance has invited GLMSA members to a tea and tour of the former home of Dr. Ephraim McDowell



(Left to right) Ilene Bosscher, Rhonda Rhodes, Chitra Kayerker, Pamela Steffen, Dr. Christian Furman and Dean Furman.

in Danville, a national historic landmark. It was there on Christmas morning in 1809 that Dr. McDowell made his mark by successfully removing an ovarian tumor for the first time in history. Later that evening, we will meet at the venerable Beaumont Inn, located in Harrodsburg. Then on Thursday, November 8, we can attend the KMAA meeting at the not-so-venerable but certainly nice Hampton Inn.

School Choice Scholarships was founded on the core principle that high-quality education is the key to breaking



(Left to right) Annie Nagengast, Adele Murphy, Michelle Feger and Brittany Ewing.

the generational cycle of poverty. On the evening of Thursday, November 8, and the morning of Friday, November 9, GLMSA members will be donning our "Santa's helpers" hats by wrapping

presents not only for the children to receive, but also for the children to give their parents. This is a fun activity that goes a long way in making the holidays special for this group of deserving people.

Fall is the season of Thanksgiving, but with all of the holiday preparations, school functions and family responsibilities, fall can be a hectic time as well. Fall begins with perfect balance. You can help preserve your balance by participating in our GLMSA activities, which are fun, meaningful and enriching. As the daylight hours dwindle, turn away from the dark side. Join in the fun of the GLMSA... and may the force be with you! **LM**

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